



## ADULT EDUCATION COURSES

To book please visit [www.webenrol.com/wokingham](http://www.webenrol.com/wokingham) or contact us at [adulthoodeducation@wokingham.gov.uk](mailto:adulthoodeducation@wokingham.gov.uk)

Improving your skills for work or volunteering		
<b>Social Media for job searching</b> – learn how to use social media as a research tool, to find jobs and look for opportunities in the local area.	9 October, Wednesday 10:30am – 1pm	Online via Zoom £10 – free to those on jobseeking benefits or low incomes
<b>Design and Format a CV using Word</b> – learn how to use Word to produce an effective CV.	23 October, Wednesday 10:30am -1pm	Online via Zoom £10 – free to those on jobseeking benefits or low incomes
<b>Building your confidence to get back into work or volunteering</b> – identify your strengths and qualities, help you to understand how to look for solutions to challenges of working or volunteering to enable you to take the next steps you'd like to.	Starting 6 November Wednesdays for 4 weeks 10:30-12pm	Online via Zoom Free
<b>Introduction to a teaching assistant role in schools</b> – learn about the roles and responsibilities of a teaching assistant, as well as gaining an understanding of other roles working with children.	Starting 14 November Thursdays for 5 weeks 12:30-2:30pm	FBC Centre, Finchampstead £40 - free to those on jobseeking benefits or low incomes

Digital Skills for Work		
<b>IT Skills for Work</b> - learn essential IT skills for the workplace.	Starting 4 November Mondays for 6 weeks, 10.15am -12.15pm	Wokingham Library £30 - free to those on jobseeking benefits or low incomes
<b>Excel for Work</b> - learn essential Excel skills for the workplace.	Starting 4 November Mondays for 6 weeks 1pm – 3pm	Wokingham Library £30 - free to those on jobseeking benefits or low incomes
<b>Digital Skills for Beginners</b> – learn how to use a laptop, including accessing the internet and using email. Build confidence in your digital skills in a supportive environment.	Starting 5 November Tuesdays for 4 weeks 10-12pm	Wokingham Library Free
<b>Photo Skills using an iPad</b> – learn the skills needed to capture, import, edit and share photos using an iPad. You will learn how to use the iPad photo app, its functions, and features. This course is suitable for beginners.	Starting 12 November Tuesdays for 3 weeks 10-12pm	The Cornerstone, Wokingham Free



<b>Family Learning</b>		
<b>Building Resilience in your child</b> - Help your child recognise, understand, and accept feelings and to express them in appropriate ways.	Starting 8 October Tuesdays for 2 weeks 7pm-8.30pm  Or starting 27 November Wednesdays for 2 weeks 7-8.30pm	Online via Zoom £15 – free to those on jobseeking benefits or low incomes
<b>Managing your child's anxiety</b> - find out how to recognise it, how to respond to it positively and how to help. You will learn how to respond positively to your child's anxiety.	Starting 12 November Tuesdays for 2 weeks 7-8.30pm	Online via Zoom £15 – free to those on jobseeking benefits or low incomes
<b>Understanding Anxiety in Teenagers</b> - Aimed at parents of secondary school pupils. This course will look at how anxiety presents in teenagers, and techniques that can be used to combat it.	Starting 13 November Wednesdays for 2 weeks 7:30pm – 9pm	Online via Zoom £15 – free to those on jobseeking benefits or low incomes

<b>Maths Skills</b>		
<b>Introduction to Reception and KS1 Maths</b> - gain confidence in supporting your child with their maths learning in Reception to Year 2. Covering the key maths language, techniques, and skills your child will be taught during maths lessons including the ways you can support your children at home.	10 October, Thursday 9.30am to 12.30pm	School Green Centre, Shinfield  Free
<b>Introduction to KS2 Maths</b> - gain confidence in supporting your child with their maths learning in KS2 (Year 3- Year 6). Covering the key language, techniques, and skills your child will be taught during maths lessons, including the ways you can support your children at home. This course is practical with plenty of resources your child will be using for you to explore including information covering the end of KS2 SATs.	14 October, Monday 9.30am to 12.30pm	The Cornerstone, Wokingham  Free
<b>Mixing up Maths</b> - cooking with your child is a great way to use maths in a practical way at home. From measuring to fractions - this session will help you gain confidence in your own maths skills and inspire you how to share these with your child.	17 October, Thursday 9.30-11.30am	St Nicholas Primary School, Hurst  Free
<b>Excel at Budgeting</b> - learn how to manage what you spend against your income or budget using basic formatting and maths functions in Excel. This is aimed at people with a basic knowledge of using Excel.	17 October, Thursday 10-12pm  13 November, Wednesday 10-12pm	Wokingham Library  Free
<b>Learn with Lego</b> - learn how to use Lego with your children for more than building! Explore basic maths and gain confidence in using bricks to help your child count, measure and explore mathematical problems of symmetry and patterns.	24 October, Thursday 9.30-11.30am  7 November, Thursday 9.30-11.30am	Oakwood Centre, Woodley  Brambles Children's Centre  Free



<b>Maths Skills</b>		
<b>Unlocking the Numbers Business Maths for Beginners</b> - this course will support learners to understand the financial terms used in businesses. You will explore the different maths calculations used in financial information and look at key topics such as applying a discount or mark up on goods, several types of interest, fixed and variable costs and how this is captured in a business plan, as well as stock management within a business setting.	Starting 4 November Mondays for 4 weeks 7-8.30pm	Online via Zoom  Free
<b>Love Food Hate Waste</b> - do you want to learn how to make the most out of the food you buy and cook? This course will explore practical tips to get more from your food. It will cover ways to reduce waste and save money, healthy eating, and meal preparation.	Starting 13 November Wednesdays for 3 weeks 9.30-11.30am	The Cornerstone, Wokingham  Free
<b>Terrific Timestables</b> - gain confidence in how to support your children with learning their timestables and the fun ways you can support them at home. Discover the different methods taught in school and expectations for each year group including the year 4 national timestables test.	14 November, Thursday 9.30-11.30am	Winnersh Community Centre (Allnett Pavilion)  Free
<b>Fun with Time</b> - gain confidence in how to support your children with telling the time and the fun ways you can support their learning at home. Discover the different methods used to teach time in school and the expectations of each year group.	21 November, Thursday 9.30-11.30am	Venue TBC Free
<b>Sensory Maths</b> - gain confidence and an understanding of the different multi-sensory methods and resources that can be used to support maths learning. Ideal for parents of children who may find maths difficult or parents of children with SEND.	26 November, Tuesday 9.30-11.20am	FBC Centre, Finchampstead  Free

**Maths Online Learning - FREE**

Learn from home and at your own pace with our new online learning platform. Various courses available including:

- Help with your Maths – general numeracy upskilling
- Help your child with Maths – covers school years 3-7
- Maths for the Workplace – various maths courses available for specific industries including business and administration, construction, hospitality and catering, health and social care, hair and beauty, and sport
- Maths for ESOL

Initially you will be invited to an introductory session where you will learn more about the online learning available. You will then be asked to complete a short maths assessment (it is not a test) to get an idea of your maths level, so that we can provide you more support should you need it.

You will then be free to complete your learning in your own time and at your own pace.

Up and coming introductory sessions:

**Maths for ESOL**

- 9 October, Wednesday, 7-8pm, online via Zoom



**Help your Child with Maths**

- 15 October, Tuesday, 7.30-8.30pm, online via Zoom or
- 19 November, Tuesday, 10.30-11.30, online via Zoom

**Help with your Maths**

- 5 November, Tuesday, 7.30-8.30pm, online via Zoom

Maths for the Workplace

- 2 December, Monday, 7-8pm, online via Zoom

**We also run some other courses and are currently organising dates for these. They include:**

- Excel for Beginners
- Word for Beginners
- Creating and Delivering Presentations (PowerPoint)
- Introduction to working in Care and the NHS
- Money Management

**To register your interest, you can book on to the course waiting list on our website.**