## 

## WHITEKNIGHTS ARROW



Date

10th January 2025

Issue #16

## WHAT'S ON NEXT WEEK

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
13 JAN	14 JAN	15 JAN	16 JAN	17 JAN
All Extra Curricular Clubs will be running today	All Extra Curricular Clubs will be running today	Year 4 SPLAT 14:00—15:00 (to start in the school hall)	All Extra Curricular Clubs will be running today	All Extra Curricular Clubs will be running today
		Deadline for Reception Applications—Wokingham Borough Council and Read- ing Borough Council		
		All Extra Curricular Clubs will be running today		
ALL EXT	RA CURRICULAR CLUBS :	START THIS WEEK Furthe	er details on page 7 of this n	ewsletter.

KEY:

WHOLE SCHOOL

YEAR GROUP SPECIFIC

**OTHER** 

+ONLINE SCHOOL CALENDAR

## SCHOOL ATTENDANCE

**OVERALL TOTAL: 97.0%** 



REC—Crystal	95.5%	Y4—Amethyst	94.0%
REC—Pearl	95.7%	Y4—Jasper	99.7%
Y1—Amber	95.0%	Y5—Emerald	97.3%
Y1—Jade	98.0%	Y5—Onyx	XX%
Y2—Opal	95.2%	Y5—Sapphire	99.3%
Y2—Topaz	98.3%	Y6—Obsidian	XX%
Y3—Diamond	99.3%	Y6—Ruby	97.3%
Y3—Garnet	97.6%	Y6—Tiger's Eye	96.8%

ATTENDANCE MATTERS! Every Child | In School | On Time | Every Day

## DATES FOR THE DIARY

## Spring 1 Term 2024

<u></u>
All extra Curricular Clubs start
Year 4 SPLAT 14:00—15:00
Deadline for Reception Applications— Wokingham Borough Council and Reading Borough Council
Tennis Club Starts
Wokingham Librarian Visiting Little Gems 10:30
Chinese Dragon Dance Reception Classes — AM in school. Children to wear red
REInspired Year 3 Visit
Year 3 REInspired Session
Year 1 Visit to Lower Earley Library (class TBC)
Year 2 SPLAT 14:00—15:00
Reception—Vision Screening
Year 1 Visit to Lower Earley Library (class TBC)
Last Day of Swimming for Jasper Class
Year 6 REInspired Session
Year 1 SPLAT 14:00—15:00
Last Day of Term. School Closes at 15:20. ASC and clubs running as usual.
Half Term
Staff and Pupils Return to School

- AMENDMENTS TO END OF DAY ARRANGEMENTS: If there are changes to end of day arrangements e.g. different adult picking up children, these need to be communicated to the school office by 14:30 at the very latest. We cannot guarantee that messages received after this time will reach the teacher.
- DID YOU KNOW? All our newsletters are published on our website, including the links to the termly BPET e-newsletters.

## WHOLE-SCHOOL NOTICES

SCHOOL UNIFORM: We are now in winter uniform until
the Easter holidays. Please note that all pupils with long
hair should have it tied back with the appropriate hair
accessories. Please refer to our updated uniform policy
for further information.

#### **BPET UNIFORM POLICY**

• COMMON WINTER ILLNESSES—PARENT GUIDANCE:

In anticipation of the expected rise in viral illnesses among children this winter, the Brookside Group Practice has provided Whiteknights with useful guidance to help you manage common childhood illnesses at home wherever possible, as well as advice on when and where to seek further help if needed.

This brief guide covers coughs, colds, earaches, sore throats, and fevers. READ THE GUIDE

Please also refer to the NHS Guidance: <u>Is my child too ill for school?</u> which also gives useful guidelines as to whether or not to keep your child off school.

• APPLICATION FOR RECEPTION 2025-2026: Applications for Reception 2025-2026 are now open for both Wokingham Borough Council and Reading Borough Council. The closing date for applications is 15th January 2025. You must apply for a school place through the school admissions team of the local authority where you (and your child) live, even if you intend to list preferred schools in other local authority areas.

#### APPLICATION FOR RECEPTION 2025-2026

For a list of school tour dates, visit out website: BOOK A SCHOOL TOUR

- ADMISSIONS POLICY CONSULTATION, FINCHAMPSTEAD PRIMARY SCHOOL: Consultation on proposed Admission Arrangements for Finchampstead Church of England (aided) Primary School for entry into Reception from September 2026 FURTHER INFORMATION DRAFT POLICY
  - ADMISSIONS POLICY CONSULTATION, BOHUNT SCHOOL: All Schools are required to consult every 7 years on their Admissions Policy. For Bohunt Wokingham, they are now required to consult on their admissions policy for entry into year 7 September 2026, and in-year admissions for other year groups during that year.

    FURTHER INFORMATION ADMISSIONS POLICY

## What's on the menu?



Monday 13th January—Friday 17th January 2025

## MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY

Tomato & Basil Pasta Cheese Pinwheel with Potato Wedges

Sweetcorn & Green Beans Berry Sponge & Custard Beef Burger with Potato Wedges Margherita Pizza with Potato Wedges Broccoli & Sweetcorn

Oat Cookie & Fresh Fruit Slices

Roast Turkey with Sage & Onion Stuffing & Roast Potatoes & Gravy

Quorn Roast with Sage & Onion Stuffing & Roast Potatoes & Gravy

Green Beans & Carrots

Ice Cream with Fruit Slices

Beef Lasagne with Garlic Bread Lentil & Vegetable Lasagne with Garlic Bread

Carrots & Sweetcorn Chocolate Mousse Battered Fish Fillet with Tomato Sauce & Chips

Cheese & Tomato Quiche with Tomato Sauce & Chips

Peas & Baked Beans Marble Cake & Custard

## WHOLE-SCHOOL NOTICES cont.



We are thrilled to announce the launch of the revised Knighthood Scheme, rolling out next week for all children in Years 1 to 6. This unique programme has been thoughtfully designed to nurture responsibility, leadership, and self-reflection while embedding British values into our pupils' daily lives.

such as:

## What is the Knighthood Scheme?

The Knighthood Scheme is a positive citizenship journey that draws inspiration from the training of medieval knights, who progressed through three stages—*Page*, *Squire*, *and Knight*—adapted to our school context.

Children will achieve milestones as they progress through the Key Stages:

- PAGE (Years 1 and 2): Completing small challenges that encourage skill-building and helping others.
- SQUIRE (Years 3 and 4): Taking on greater responsibilities and developing teamwork and leadership skills.
- KNIGHT (Years 5 and 6): Leading by example, contributing to the community, and reflecting on their personal growth.

# SELF-CARE CHALLENGE YOURSELF TAKE NOTICE

Aligned with PSHE & British Values

framework, which emphasises well-being behaviours

CONNECT

The Knighthood Scheme is closely linked with

**BE ACTIVE** 

our PSHE curriculum, specifically the CONNECT

By the end of Year 6, pupils who complete the programme will be honoured in a special knighthood ceremony.

These behaviours support children's understanding of democracy, individual liberty, respect, and the rule of law.
They ensure alignment with our British values and promote positive citizenship.

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## Tips for Parents

- Encourage Participation: Support your child in selecting tasks and celebrate their achievements, big or small.
- Track Progress: Use the log sheets in the booklet to monitor completed activities and ensure evidence is provided where necessary.
- Keep the booklet safe: This booklet will accompany your child throughout their primary years and should last until Year 6.

## How the Scheme Works

 Pupils complete tasks at home and school, choosing three activities per half term from a list linked to our well-being behaviours.

#### Please note:

For 2024-2025, pupils will only complete 12 tasks for the year, starting with the Spring Term.

- Tasks are logged in their personalised Knighthood Scheme booklets, which lasts from Year 1 to Year 6.
- Evidence of tasks completed at home, such as photographs or physical evidence, is submitted along with their booklet to their class teacher to track their progress. Once their progress has been tracked, booklets and evidence will be returned home.

Over the course of each two-year stage, pupils complete 36 tasks—eighteen per year—providing opportunities for self-growth, community involvement, and learning.

More information about the Knighthood scheme can be found in your child's booklet, however for any questions or support with the scheme, please contact your child's class teacher.

From Pages to Knights: a Journey of *Growth and Greatness* begins!





## Did You Know?

Did you know that medieval knights were not just warriors? They were also expected to master music, dance, and storytelling, emphasising the importance of being well-rounded individuals—just like our Knighthood Scheme aims to achieve.

"We are excited to see our pupils embrace this enriching journey and become the leaders of tomorrow."

## WHOLE-SCHOOL NOTICES cont.

# WHITEKNIGHTS EXTRA CURRICULAR CLUBS SPRING TERM 2025

# Secure your booking via SCOpay.





#### **ALL THINGS DISNEY: Y1-2**

Dive into the magical world of Disney! Children will enjoy singing along to Disney classics, watching films, creating crafts, dressing up as favourite characters, reading stories, and playing themed games. A truly enchanting experience awaits!



#### **CHOIR: Y3-6**

Join the Whiteknights Choir and enjoy singing a variety of songs for fun and performances. Pupils will have the chance to perform at exciting events, including WAS-MA, the Mayor's Carol Concert, the summer fayre and more.

Spaces are still available!



#### 11+: Y4-5

Designed for pupils preparing for the 11+ entrance exams, this club develops skills in Maths, English, verbal, and non-verbal reasoning using Century.tech. Build confidence and get ready for success!



#### **NEEDLECRAFT: Y4-6**

Learn the art of knitting and crochet in a calm and friendly setting. During the first half term, we will focus on simple projects such as hairclips and squares. In the second half term, we will build on these skills and progress to learning crochet.



#### **ORCHESTRA: Y4-6**

This club welcomes musicians of all abilities, from beginners to advanced. Pupils will explore rhythm and beat using percussion instruments, learn simple tunes on keyboards and glockenspiels, and enjoy playing together as a group. Children learning an instrument are encouraged to bring theirs along (keyboards can be provided) and develop their skills in group performance.



#### **SIGN LANGUAGE: Y1-6**

Learn British Sign Language
(BSL) in a fun, inclusive
environment.
Open to Years 1–6, the club
helps pupils build
communication skills, sign
conversations and songs, and
gain a deeper understanding of
inclusivity and respect.



#### ARTS & CRAFTS: Y1-6

This creative club offers children the chance to explore drawing, painting, sewing, and modelling. Every session is different, providing endless opportunities to express creativity and learn new skills.



#### **COUCH TO 5K: Y4-6**

Each week, pupils will head out of the school grounds for a run, starting with a minimum distance of 4km and aiming to increase this over time. On rainy days, they will stay active and energised with guided HIIT workouts led by the teacher, featuring a variety of exercises such as squats and jumps. This club is perfect for building fitness, stamina, and resilience.



#### **TRADITIONAL TALES: Y2-4**

Discover the magic of storytelling! In this book club, children explore and enjoy classic tales to deepen their understanding of traditional narratives, and promote a lifelong love of reading.



#### **MATHS COMPUTING: Y3-4**

Combining fun and learning, this club focuses on times tables practice with Times Tables Rock Stars, maths activities like 'Hit the Button,' and number challenges inspired by Countdown.



#### COLOURING: R-Y2

Colouring Club is a calming, creative space for pupils to practise fine motor skills using a variety of materials. With mindfulness colouring and soothing music in the background, children can relax, chat about their interests, and unwind.



#### **COMPUTING: Y3-6**

A hands-on opportunity to explore coding and create games using Purple Mash and Scratch. Pupils will learn to bring their ideas to life through engaging, interactive computer programmes.



# S4K AFTER SCHOOL CLUBS AT WHITEKNIGHTS PRIMARY SCHOOL



3.30PM - 4.30PM



£45 PER HALF-TERM



## **STARTING 6TH JAN!**





FOREST SCHOOL YEAR R & KS1









FOOTBALL
YEAR R & KS1









BASKETBALL KS2









FOOTBALL KS2









MULTI-SKILLS
YEAR R & KS1

BOOK NOW



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Sport4Kids Multi-Sport Clubs at Whiteknights Primary School provide children with an opportunity to make new friends, try new sports and learn new skills all whilst keeping fit in a safe environment!

WWW.SPORT4KIDS.BIZ

CALL 0300 303 3866

## Please note: Arts and Crafts Club on Thursday, now open to Year 3-6

# EXTRA CURRICULAR CLUBS SCHEDULE SPRING TERM 2025

Places still available! (except Drama)

Activity	Day	Year group	Classroom	Dates
Choir	Monday	Yr 3-6	Amethyst	13/01/2025 - 24-/03/2025
11+	Monday	Yrs 4-5	Emerald	13/01/2025 - 24-/03/2025
Traditional Tales Book Club	Monday	Yrs 2 - 4	Topaz	13/01/2025 - 24-/03/2025
Computing	Monday	Yrs 3 - 6	Jasper	13/01/2025 - 24-/03/2025
Runners Couch to 5k	Monday	Yrs 4 - 6	Tigers Eye	13/01/2025 - 24-/03/2025 (24/02/2025 Not running)
Forest School	Monday	Rec -2	Cherry/Field	06/01/2025 - 10/02/2025
French	Monday	Yrs 2 - 6	Onyx	13/01/2025 - 24-/03/2025 (24/02/2025 Not running)
Needlecraft	Monday	Yrs 4-6	Obsidian	13/01/2025 - 24-/03/2025

Activity	Day	Year group	Classroom	Dates
Chess	Tuesday	Yrs 3 - 6	Onyx	14/01/2025 - 25/03/2025
Maths Computing	Tuesday	Yrs 3 - 4	Diamond	14/01/2025 - 25/03/2025
Arts & Crafts	Tuesday	Yrs 1 - 2	Science Lab	14/01/2025 - 25/03/2025
Sign Language	Tuesday	Yrs 1 - 6	Emerald	14/01/2025 - 25/03/2025
French	Tuesday	Yrs R - 2	Amber	14/01/2025 - 25/03/2025
Football	Tuesday	Yrs R - 2	Field	07/01/2025 - 11/02/2025

Activity	Day	Year group	Classroom	Dates
Drama	Wednesday	R - 2	Opal	08/01/2025 - 19/03/2025
Arts & Crafts	Wednesday	Yrs 3 - 4	Science Lab	15/01/2025 - 26/03/2025
Basketball	Wednesday	Yrs 3 - 6	Playground	08/01/2025 - 12/02/2025
Orchestra	Wednesday	Yrs 4 - 6	Jasper	15/01/2025 - 26/03/2025

Activity	Day	Year group	Classroom	Dates
Tennis	Thursday	Yr 1- 2	Playground	16/01/2025 - 03/04/2025
Colouring	Thursday	R - 2	Crystal	16/01/2025 - 27/03/2025
Arts & Crafts	Thursday	Yrs 3-6	Science Lab	16/01/2025 - 27/03/2025
All Things Disney	Thursday	Yrs 1- 2	Jade	16/01/2025 - 27/03/2025
Football	Thursday	Yrs 3 - 6	Field	09/01/2025 - 13/02/2025

Activity	Day	Year group	Classroom	Dates
Drama	Friday	Yr 3 - 6	Onyx	10/01/2025 - 21/03/2025
Multi Skills	Friday	Yrs R - 2	Field/Playground	10/01/2025 - 14/02/2025

## WHOLE-SCHOOL NOTICES cont.

At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one of many apps which we believe trusted adults should be aware of, Please visit national college.com for further guides, hints and tips for adults.

## SUPPORTING CHILDREN TO DEAL WITH UPSETTING CONTENT

A Guide for Parents and Carers

Raising children in the digital age seems to be getting tougher, with the world currently experiencing so many uncertainties. From climate change to the war in Ukraine and the conflict in Israel, right now children across the globe can scarcely go online without being exposed to unsettling stories, images and ideas. Reassuring a concerned child can be difficult, especially when bad news feels omnipresent. We've put together some advice to help you in discussing upsetting events with young ones.

## FIND OUT WHAT YOUR CHILD KNOWS (1)

There are many ways that children are exposed to upsetting content in the media, both online and offline. Before swamping your child with information, find out what they know already. Show them you're interested in what they have to say, practice active listening and try to gauge how much your child has been impacted by what they've seen.



2 Starting a conversation about upsetting content probably isn't the best idea when your child is studying for an exam or about to go to bed. Choose a time when they're relaxed and open to talking, to make sure you have their full attention. Remember, these conversations can become emotional, so choose somewhere your child feels safe and comfortable.

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#### KEEP IT AGE APPROPRIATE

With younger children, try and keep the conversation more general and avoid leading questions and complex detail. You can go slightly deeper into the specifics with young teenagers but keep monitoring their emotional response. With older teens, you can be more open about the realities and consequences of what's happening – but again, do stay aware of their emotional state.

### **EMPHASISE HOPE**

Upsetting content can make anyone feel angry, scared, sad or overwhelmed. Try to find stories of hope, generosity and strength related to the content you're discussing. Children often feel reassured when they know they can do something to help, so encourage your child's sense of control through activities which make them feel they're positively impacting the events they're concerned about.

#### MONITOR REACTIONS

All children react differently, of course, and young people might not directly say that they're scared, angry, anxious, confused or uncomfortable. Emotional reactions are natural when discussing upsetting topics, so take note of your child's body language and reactions. Allow them to express their feelings in a non-judgmental space and try to stay mindful of how they might be feeling.

#### **CONSIDER YOUR OWN EMOTIONS**

It's not only young people who find upsetting news difficult to process: adults also have to deal with strong emotions in moments of stress. Children develop coping strategies by mirroring those around them, so staying on top of how you appear to be regulating your emotion on the outside is important for supporting your child through worrying times.

## Meet Our Expert

Cayley Jorgensen is the director of FaceUp South Africa, which is a reporting system that is currently being used by schools and companies to flight bullying around the world. FaceUp helps give a voice to bystanders by encouraging them to speak up and get the help they not only want but need.

## **SET LIMITS**

Managing screen-time and content can be difficult even in normal circumstances, but especially in unusual or stressful periods (at the start of the pandemic, for example). It's virtually impossible to keep children away from upsetting content completely, but it's important to try to limit exposure by using parental controls, talking about the dangers of harmful content and enforcing screen-time limits.

#### TAKE THINGS SLOWLY

Try not to overwhelm your child with information all at once: instead, take the discussion one step at a time. You could make the first conversation a simple introduction to a potentially upsetting subject and then wait until your child is ready to talk again. Opening the door to the conversation and demonstrating that your child can talk to you about this type of issue is a vital first step.

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#### **ENCOURAGE QUESTIONS**

Online, troubling images, posts, videos and stories are shared across multiple platforms, many of which your child might access. Even if the content is actually inappropriate, encourage your child to discuss what they saw instead of being angry at them for seeing it. Children are still learning that not everything online is accurate – you want to be their ultimate source of information, not their device.

#### **FIND A BALANCE**

There's often a tremendous compulsion to stay right up to date with events. Our phones frequently send us push notifications urging us to read the latest article or view the most recent video on social media. It's essential to remind your child that it's healthy to take regular breaks, and to focus on positive events instead of 'doomscrolling' and risking becoming overwhelmed by bad news.

#### **BUILD RESILIENCE**

News has never been more accessible. While our instinct may be to shield children from upsetting stories, it's important that they're equipped with the tools to manage this content when they are exposed to it. Talk about upsetting content more generally with your child and emphasise that they can always tell you or a trusted adult if something they see makes them feel uneasy.

#### **IDENTIFY HELP**

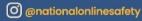
It's hugely important that children know where to find support if they encounter upsetting content online. Encourage them to open up to an adult that they trust, and make sure they're aware of who their trusted adults are. It is essential that children understand that they're not alone, and that help is available if and when they need it.













## **GROUP-SPECIFIC NOTICES**

## **NURSERY: Notices and Reminders**

- NURSERY: Letter to Parents
- NURSERY: Topic Overview

## **RECEPTION: Notices and Reminders**

• RECEPTION: Chinese Dragon Dance in school Wednesday, 29th January. Children to wear as much red clothing as possible.

Next week Pearl class will be attending the school library.

Monday	Wednesday	Thursday	Friday
Blue house	Yellow house	Red house	Green house
(Bedevere)	(Galahad)	(Lancelot)	(Melion)

Please can your child bring their library book back to school on the day their house is due to visit the library. Then, they can return their book and take out a new one.

- **RECEPTION:** Letter to Parents
- **RECEPTION:** Topic Overview

## YEAR 1 and YEAR 2 : Notices and Reminders

- YEAR 1: Letter to Parents
- YEAR 1: Topic Overview
- YEAR 2: Letter to Parents
- YEAR 2: Topic Overview

• YEAR 1: Maths Homework due dates:

Homework due date	Pages to complete
14th January	45-47
22st January	48-50
28th January	51-53
4 <sup>th</sup> February	55-57
11th February	58-60

## YEAR 3 and YEAR 4: Notices and Reminders

- YEAR 3: Letter to Parents
- YEAR 3: Topic Overview
- YEAR 4: Letter to Parents
- YEAR 4: Topic Overview

YEAR 3: Maths Homework due dates:

Homework due date	Pages to complete
13 <sup>th</sup> January	45 – 47
	(Page 44 is helpful)
20th January	48 - 50
27th January	52 – 54
	(Page 51 is helpful)
3rd February	55 - 57
10 <sup>th</sup> February	58 - 60
Next half term —	61 - 63
24th February	

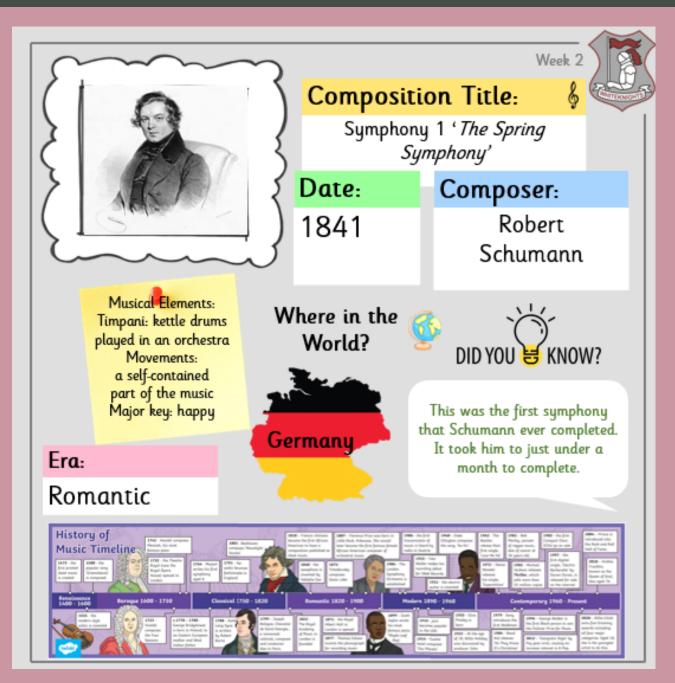
## YEAR 5 and YEAR 6: Notices and Reminders

- YEAR 5: Letter to Parents
- YEAR 5: Topic Overview
- YEAR 6: Letter to Parents
- YEAR 6: Topic Overview

## CELEBRATING WHITEKNIGHTS

Shining a spotlight on school life and pupil achievement

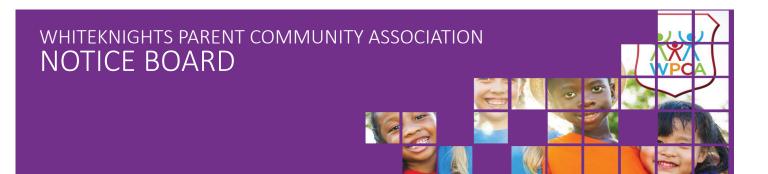
## COMPOSER OF THE WEEK



The Spring term has begun with a piece by Robert Schumann named 'The Spring Symphony'.

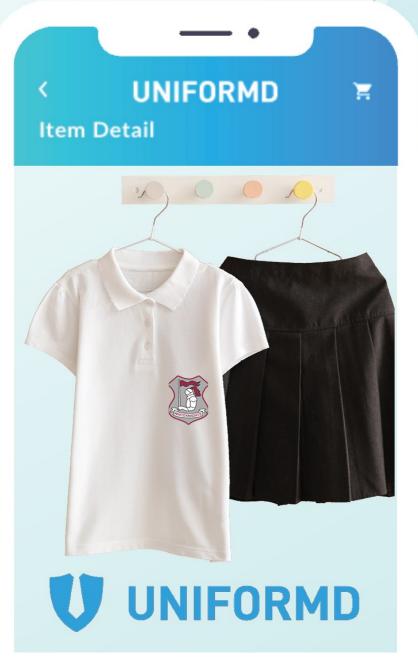
This was the first symphony that Schumann ever completed and it took him just under a month!

# USEFUL LINKS SCHOOL FORMS SCHOOL MEALS TERM DATES



# TWICE AS NICE UNIFORM SHOP

www.uniformd.co.uk/whiteknights-primary email enquiries to: whiteknightspca@gmail.com



Need a few uniform items for the colder months?

Visit our pre-loved uniform shop on the <u>UNIFORMD</u> platform.

